



bespoke training
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Aspire and Aspire-Plus



What are they and who are they for?

Aspire is an on-line management development programme for team leaders or team members that are looking to develop a solid understanding of what will be required of them as they move towards a role in management. This programme can be done at a time and pace dictated by the learner.



Aspire-Plus adds an extra dimension to the offering via a blended learning approach. Aspire-Plus brings key concepts to life through group workshops, combining face-face training with on-line training modules.

What is covered?

The emphasis is on practical application of core models and theory, including:

- Introduction to Management
- Time Management
- Goal Setting
- Teams
- Leadership
- Motivation
- Recruitment
- Managing Resources
- Interpersonal Skills
- Problem Solving

Learners can download comprehensive learning materials and are encouraged to work with others across their organisation to understand how these management concepts work in the real world.

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“Our business is constantly adapting to meet the needs of our clients. Aspire helps our managers cope with these demands as they gain the skills, knowledge and confidence to manage their teams successfully in these challenging times.”

Grant Cullen - Management Development Trainer (Circle Anglia)

How are they structured?

Aspire and Aspire-Plus are usually run over a period of 3-6 months. This gives learners ample time to work through the on-line materials, complete exercises and assignments, and identify how key management principles really work in their own organisations.

What's in it for me?

Aspire and Aspire-Plus will enable you to understand more of what you will face as a manager and give you plenty of chances to try things out in your current role. By doing the basics well, you will be better equipped to be a confident manager.

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“Before Aspire I was really sceptical about taking the plunge into management. Now I’ve got so many ideas I can’t wait to become a manager and try them out”

London Borough of Brent

Furthermore, Aspire and Aspire-Plus are accredited by the Institute of Leadership and Management (ILM). The ILM is the largest accrediting body for management qualifications in Europe and you will be gaining a qualification that is recognised internationally – and that can serve as a foundation for further management qualifications.



For more information about the ILM, go to www.i-l-m.com

Any questions?

Give Bespoke Training a call to see how we can develop your coaches.