



bespoke training
improve and evaluate

ILM Level 5 Certificate in Workplace Coaching & Mentoring



What is it and who is it for?

The ILM Level 5 Certificate in Workplace Coaching and Mentoring is a comprehensive programme for anyone for whom coaching makes up a significant part of their role. Delegates include field and office-based trainers and managers at all levels.

The ILM Level 5 Certificate in Workplace Coaching and Mentoring offers you the chance to become a 'master' coach and a role-model for others. The wide-ranging content provides you with a tremendous toolkit – a toolkit that you can apply before, during and after your coaching sessions.

As with all Bespoke programmes, you'll experience a blend of theory and knowledge, plus application activities to put everything into practice.

What is covered?

Here are just a few of the subjects you will cover:

- Appropriate attitudes, beliefs and values
- Principles and mindsets of effective coaching
- The L5 coaching skill set – including questioning models, solution-focused coaching and well-formed outcomes, creative questioning, daring to 'go there' and to have the 'real' conversation, intuition, coaching the Logical Levels and listening
- Self and ego-management
- Coaching agreements
- Coaching with versatility – integrating behavioural and learning styles
- Effective coaching plans
- Creating a coaching environment and safe coaching conditions
- Differentiating between coaching and other interventions
- The business case for coaching – costs and benefits; evaluation

Your learning materials provide comprehensive coverage of the subject matter, together with individual questionnaires and a bibliography.

What's in it for you?

Coaching is about results – and your coaching will never be the same again. You and the people you coach will experience new levels of engagement, fulfilment and productivity from your coaching interactions.



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Furthermore, the Level 5 Certificate in Workplace Coaching and Mentoring is accredited by the Institute of Leadership and Management (ILM). For more information on the ILM, go to www.i-l-m.com

How is it structured?

The total training time is six days and the programme can be structured in different ways to suit the needs of the client. Each delegate completes a Work Based Assignment and a Coaching Diary in order to fulfil the requirements of the qualification.

“This was probably the best course I’ve ever participated in. The content is potentially vast – the skills and techniques of the facilitators even more so!”

Roche Pharmaceuticals

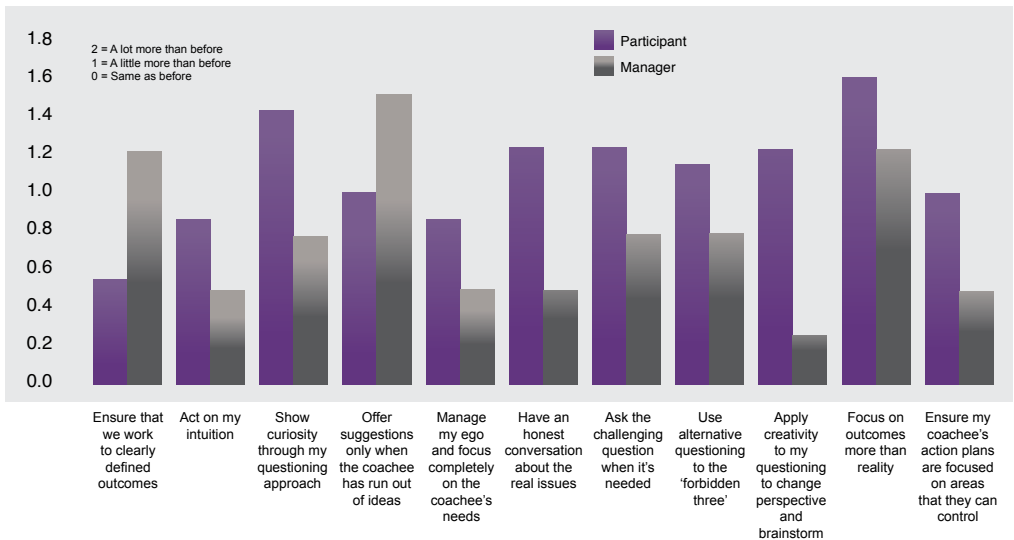
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Is it worth it?

Here is a summary of delegate responses from a recent programme,



Any questions?

Give Bespoke Training a call to see how we can develop your coaches.